

Splits for DHS Distance Runners
Sac-Joaquin Section Division 1 Championships
May 18 and May 20, 2011

800 meters trials

Laney Teafor	66.8	2:20.0
	66.8	73.2

Kathy Dooley	72.7	2:28.8
	72.7	76.1

Hannah Krovetz	68.5	2:19.6
	68.5	71.1

Paul Mohr	61.1	1:59.8
	61.1	58.7

Andrew Croft	58.1	2:01.6
	58.1	63.5

Danny Pugh	60.0	2:04.3
	60.0	64.3

800 meters finals

Hannah Krovetz	66.4	2:18.9
	66.4	72.5

Laney Teafor	70.1	2:25.6
	70.1	72.5

Paul Mohr	58.3	1:57.7
	58.3	59.4

1600 meters

Sophie Meads	75.7	2:37.7	3:55.6	5:09.6
	75.7	82.0	77.9	74.0
Laney Teafor	76.9	2:39.6	4:00.9	5:17.4
	76.9	82.7	81.3	76.5
Kathy Dooley	80.8	2:49.5	4:16.9	5:36.4
	80.8	88.7	87.4	79.5
Trevor Halsted	63.7	2:11.0	3:16.0	4:16.5
	63.7	67.3	65.0	60.5
Brian De La Mora	64.0	2:11.3	3:16.4	4:20.9
	64.0	67.3	65.1	64.5
Mac Harvey	64.2	2:11.6	3:16.7	4:24.2
	64.2	67.4	65.1	67.5
Braeden Van Deynze	64.7	2:11.8	3:17.7	4:25.2
	64.7	67.1	65.9	67.5

3200 meters

Sophie Meads	79.8	2:41.5	4:06.1	5:30.8	6:58.2	8:25.1	9:56.8	11:28.5
	79.8	81.7	84.5	84.7	87.4	86.9	91.7	91.7
				5:30.8				5:57.7
Trevor Halsted	70.4	2:22.3	3:36.7	4:49.2	5:59.1	7:09.5	8:18.0	9:16.0
	70.4	71.9	74.4	72.5	69.9	70.4	68.5	58.0
				4:49.2				4:26.8
Brian De La Mora	70.9	2:22.8	3:36.9	4:49.5	5:59.3	7:09.9	8:18.6	9:22.7
	70.9	71.9	74.1	72.6	69.8	70.6	69.7	64.1
				4:49.5				4:33.2
Braeden Van Deynze	72.5	2:24.6	3:37.6	4:50.7	6:03.1	7:17.4	8:33.6	9:47.2
	72.5	72.1	73.0	73.1	72.4	74.3	76.2	73.6
				4:50.7				4:56.5
Mac Harvey	72.7	2:25.7	3:40.9	4:56.2	6:13.0	7:30.0	8:45.7	9:55.7
				4:56.2				4:59.5