

Sacramento Meet of Champions
Splits for DHS distance races
April 30, 2011

800 meters

Hannah Krovetz	69.4	2:24.1
	69.4	74.7
Laney Teaford	69.8	2:23.4
	69.8	73.6
Paul Mohr	59.8	2:02.6
	59.8	62.8

1600 meters

Braeden Van Deynze	67.2	2:16.4	3:25.5	4:32.6
	67.2	69.2	69.1	67.1
Trevor Halsted	63.4	2:09.2	3:14.8	4:13.6
	63.4	65.8	65.6	58.8

3200 meters

Sophie Meads	78.9	2:40.9	4:05.3	5:30.8	6:57.8	8:24.6	9:51.6	11:09.1
	78.9	82.0	84.4	85.5	87.0	86.8	87.0	77.5
				5:30.8				5:38.1
Brian De La Mora	70.5	2:22.6	3:30.0	4:39.6	5:52.6	7:03.2	8:11.4	9:15.3
	70.5	72.1	67.4	69.6	72.9	70.7	68.2	63.9
				4:39.6				4:35.7
Trevor Halsted	70.1	2:22.2	3:29.3	4:40.0	5:52.4	7:04.2	8:14.9	9:21.6
	70.1	72.1	67.1	70.7	72.4	71.8	70.7	66.7
				4:40.0				4:41.6
Mac Harvey	71.4	2:23.4	3:34.5	4:46.2	6:01.3	7:16.3	8:33.1	9:48.0
	71.4	72.0	71.1	71.7	75.1	75.0	76.8	74.9
				4:46.2				5:01.8
Braeden Van Deynze	75.4	2:26.6	3:38.8	4:54.2	6:09.9	7:27.2	8:46.8	10:02.9
	75.4	71.2	72.2	75.4	75.7	77.3	79.6	76.1
				4:54.3				5:08.7