



## **2010 SACRAMENTO STATE HORNET JAMBOREE** *High School Session Presented by Jesuit High School*

**When:** Saturday, September 11, 2010

**Where:** Sacramento Granite Regional Park – Host Site of the 2006 Big Sky Cross Country Conference Championships and 2011 World Masters Games Cross Country Championships

### **Races:**

#### **Final Updated Time Schedule**

- 7:45AM – 2 Mile High School Open Race (Boys and Girls Combined – All Jrs & Srs not in Varsity Race)
- 8:10AM – 2 Mile High School/Frosh-Soph Boys
- 8:35AM – 2 Mile High School/Frosh-Soph Girls
- 9:00AM – 5 km High School/Varsity Boys (Limit – 10 entries)
- 9:30AM – 5 km High School/Varsity Girls (Limit – 10 entries)
- 10:00AM – 5 km Collegiate/Open-Unattached Women
- 10:30AM – 4 Mile Collegiate/Open-Unattached Men

**Awards:** T-Shirts to the Top-10 finishers in each race (excluding Open Race)

**Entry Fee:** \$150.00 per school. Checks should be made payable to Jesuit High School and given to meet management on race day at packet pick-up at the course.

### **Entry Deadline:**

Teams are accepted to the meet **BY INVITATION ONLY**. The field sizes are limited. Please contact the meet director ([ABBOTTSL@CSUS.EDU](mailto:ABBOTTSL@CSUS.EDU)) to inquire about your school's participation.

Email Excel Spreadsheet Entry Form to [ABBOTTSL@CSUS.EDU](mailto:ABBOTTSL@CSUS.EDU) by Noon (12:00pm) Tuesday, September 8. Team Entries not received by this date will not be allowed. There will be no race day changes made to a team's entries; any changes to a team's entries must be emailed by 7:00pm Thursday evening.

### **Coaches-Questions, Please Contact**

Scott Abbott @ [ABBOTTSL@CSUS.EDU](mailto:ABBOTTSL@CSUS.EDU) or 916-278-2945

### 5K Course

Start - A - C - B - 1 mile - D - E - 2 mile - B - C - A - Finish



**2 Mile Course**  
**Start - A - E - 1 Mile - D - A - Finish**



## Directions to Granite Regional Park

**Eastbound:** Take I-80 East to US-50 East; Exit Howe Avenue/Power Inn Rd; Go right onto Howe Ave/Power Inn Rd; Make a left at the third light – Cucamonga Ave and follow the road into the park.

**Westbound:** Take I-80 West to Bus-80/99 South to US-50 East; Exit Howe Avenue/Power Inn Rd; Go right onto Howe Ave/Power Inn Rd; Make a left at the third light – Cucamonga Ave and follow the road into the park.

**Northbound:** Take US-99 or I-5 North to Sacramento; Take US-50 East; Exit Howe Avenue/Power Inn Rd; Go right onto Howe Ave/Power Inn Rd; Make a left at the third light – Cucamonga Ave and follow the road into the park.

