



presents

High School Cross Country Day at Fleet Feet of Davis

When: Saturday, August 14th @ 8:00 a.m. sharp!

Where: Fleet Feet of Davis 615 2nd Street.

What: Group "Long Run" (grouped according to abilities*) for all local high school cross country runners followed by a Fleet Feet hosted breakfast, informative vendor reps, and free "fun stuff" awards just for showing up!! How better to get the season started than a group run and post run feast!! They will have XC racing flats on sale for 30% with the purchase of a pair of training shoes at regular price. Also, any shoe purchase includes a free "XC: Run Dirty" tee shirt as a gift with purchase.

Fleet Feet of Davis invites all local high school athletes within the Davis service area (Davis, Woodland, Yuba City, Dixon, Winters and points in-between) to attend. Following the run, Fleet Feet staff and shoe company reps will be available for one-on-one professional advice on choosing the best running gear and footwear. This was a huge success last year. Kids loved it.

Come join the group and the fun but don't be late or you'll miss the run!!

More Information: (530)758-6453 or carol@fleetfeetdavis.com

*** Although several of the top Davis and Woodland High distance runners will be planning to run up to 14 miles on a prescribed route...many of the "newest" runners will be running a 3-mile course. This means that all can make the run!!**