

DEPTH CHARGE

Order of Events

Track (9:00 start)

3200m Run – Var. Girls (one heat)
 3200m Run – Var. Boys (one heat)
 110m High Hurdles – Var. Boys
 110m Intermediate Hurdles – F/S Boys
 100m Hurdles - F/S- Girls
 100m Hurdles – Var. Girls
 3200m Run – F/S Girls (one heat)
 3200m Run – F/S Boys (one heat)
 4 x 100m Relay – F/S Girls (one heat)
 4 x 100m Relay – F/S Boys (one heat)
 4 x 100m Relay –Var. Girls (one heat)
 4 x 100m Relay – Var. Boys (one heat)
 1600m Run – Var. Girls (one heat)
 1600m Run – Var. Boys (one heat)
 400m Run – F/S Girls
 400m Run – F/S Boys
 400m Run – Var. Girls
 400m Run – Var. Boys
 100m Run – F/S Girls
 100m Run – F/S Boys
 100m Run – Var. Girls
 100m Run – Var. Boys
 300 Low Hurdles – F/S Girls
 300m Low Hurdles – F/S Boys
 300m Low Hurdles – Var. Girls
 300m Intermediate Hurdles – Var. Boys
 800m Run – F/S Girls
 800m Run – F/S Boys
 800m Run – Var. Girls
 800m Run – Var. Boys
 200m Run – F/S Girls
 200m Run – F/S Boys
 200m Run – Var. Girls
 200m Run – Var. Boys
 1600m Run – F/S Girls (one heat)
 1600m Run – F/S Boys (one heat)
 4x 400m Relay – F/S Girls (one heat)
 4 x 400m Relay – F/S Boys (one heat)
 4 x 400m Relay – Girls (one heat)
 4 x 400m Relay – Var. Boys (one heat)

FIELD EVENTS

FIELD EVENT	9:00 AM	10:30 AM	12:00	1:30
High Jump	F/S Boys	V. Boys	V. Girls	F/S Girls
Pole Vault	F/S Girls	V. Girls	F/S Boys	V. Boys
Discus	V. Girls	F/S Girls	V. Boys	F/S Boys
Shot Put	V. Boys	F/S Boys	V. Girls	F/S Girls
Long Jump	F/S Girls	V. Girls	F/S Boys	V. Boys
Triple Jump	V. Boys	F/S Boys	F/S Girls	V. Girls