

Delta Valley League - 5/10/2008  
Track and Field Championships  
Folsom HSResults - Delta Valley League Track and Field Championships  
Girls 100 Meter Dash Varsity

Name	Year	School	Seed	Finals	H#	Points
1 Rodgers, Kasey	Sr	Franklin HS	11.93	12.03	2	10
2 George, Sanmi	Sr	Laguna Creek HS	12.44	12.13	2	8
3 McKee, Kaitlyn	Jr	Elk Grove HS	13.23	12.98	2	6
4 Hughes, Candace	Jr	Laguna Creek HS	13.44	13.22	2	4
5 Mucular, Markayla	Fr	Valley HS	13.34	13.31	2	2
6 Bruce, Mariah	So	Elk Grove HS	13.04	13.36	2	1
7 Miller, Rhaven	So	Kennedy	13.36	13.45	2	
8 Rodgers, Chelsea	Fr	Franklin HS	13.45	13.53	2	
9 McKenzie, Marsha'	Jr	Kennedy	13.94	13.77	1	
10 Dinsmore, Rachel	So	Franklin HS	14.04	13.79	1	
10 Ding, Karen	Sr	Davis HS	13.65	13.79	2	
12 Watts, Camille	Jr	Laguna Creek HS	14.61	14.11	1	
13 Cox, Denice	Jr	Davis HS	14.44	14.24	1	
14 Dumas, Keonna	Fr	Franklin HS	14.34	14.30	1	
15 Shook, Mary	Jr	Davis HS	14.34	14.51	1	
16 Ton-nu, Clarissa	Sr	Davis HS	15.24	14.66	1	
17 Saunders, Katherine	Jr	Elk Grove HS	15.34	15.19	1	
18 Saunders, Christine	Jr	Elk Grove HS	15.54	15.48	1	
-- Hill, Charity	So	Kennedy	12.64	FS	2	

## Girls 200 Meter Dash Varsity

Name	Year	School	Seed	Finals	H#	Points
1 George, Sanmi	Sr	Laguna Creek HS	25.57	24.81	1	10
2 Rodgers, Kasey	Sr	Franklin HS	24.68	24.87	1	8
3 Bowman, Joyce	Sr	Laguna Creek HS	26.44	26.50	1	6
4 Zavala, Melinda	Jr	Davis HS	26.47	26.51	1	4
5 McKee, Kaitlyn	Jr	Elk Grove HS	26.68	26.84	1	2
6 Hill, Charity	So	Kennedy	27.94	26.85	2	1
7 Hughes, Candace	Jr	Laguna Creek HS	28.24	27.47	2	
8 Bruce, Mariah	So	Elk Grove HS	27.77	27.48	1	
9 Miller, Rhaven	So	Kennedy	27.68	27.50	1	
10 Ozobiani, Lorie	Sr	Kennedy	28.64	27.70	2	
11 Younge, Ayana	Sr	Elk Grove HS	28.34	27.87	2	
12 Mucular, Markayla	Fr	Valley HS	27.11	28.29	1	
13 Rodgers, Chelsea	Fr	Franklin HS	29.29	28.34	3	
14 Ding, Karen	Sr	Davis HS	28.34	28.44	2	
15 Knox, Preshus	Fr	Laguna Creek HS	29.04	28.51	3	
16 McKenzie, Marsha'	Jr	Kennedy	29.41	28.57	3	
17 Hillard, Fantasia	Fr	Laguna Creek HS	28.51	28.69	2	
18 Dinsmore, Rachel	So	Franklin HS	27.24	29.08	1	
19 Watts, Camille	Jr	Laguna Creek HS	29.48	29.23	3	
20 de-Terra, Lauren	So	Davis HS	29.64	29.33	3	
21 Schoen, Lara	Jr	Davis HS	28.55	29.36	2	
22 Bowlus, Ann - Marie	Jr	Davis HS	30.34	29.80	4	
23 Mucular, Marcesha	Sr	Valley HS	28.04	29.89	2	
24 Cox, Denice	Jr	Davis HS	29.94	29.91	3	
25 Dumas, Keonna	Fr	Franklin HS	32.04	29.95	4	
26 Hall, Christiana	Sr	Valley HS	27.74	30.06	1	
27 Quijada, Paulina	So	Davis HS	31.74	30.54	4	
... Girls 200 Meter Dash Varsity						
28 Saunders, Katherine	Jr	Elk Grove HS	32.84	32.41	4	
29 Saunders, Christine	Jr	Elk Grove HS	32.74	33.15	4	

## Girls 400 Meter Dash Varsity

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Name	Year	School	Seed	Finals	H#	Points
1 Bowman, Joyce	Sr	Laguna Creek HS	58.68	57.71	1	10
2 Hammond, Rebecca	Jr	Davis HS	59.05	58.73	1	8
3 Zavala, Melinda	Jr	Davis HS	1:00.00	59.40	1	6
4 Ozobiani, Lorie	Sr	Kennedy	1:03.24	1:02.13	1	4
5 Todd, Trene'	Jr	Kennedy	1:05.35	1:02.41	1	2
6 Alston, Angelique	Jr	Valley HS	1:04.14	1:03.59	1	1
7 Hillard, Fantasia	Fr	Laguna Creek HS	1:05.94	1:04.12	1	
8 Schoen, Lara	Jr	Davis HS	1:04.04	1:04.15	1	
9 Knox, Preshus	Fr	Laguna Creek HS	1:05.04	1:04.86	1	
10 Gholson, Evan	Jr	Franklin HS	1:08.14	1:06.28	2	
11 Bowlus, Ann - Marie	Jr	Davis HS	1:09.54	1:07.25	2	
12 Williams, Dominique	So	Franklin HS	1:09.24	1:08.01	2	

Girls 800 Meter Run Varsity

Name	Year	School	Seed	Finals	H#	Points
1 Chetelat, Laurynne	Sr	Davis HS	2:17.88	2:21.55	1	10
2 Hammond, Rebecca	Jr	Davis HS	2:19.93	2:22.93	1	8
3 Green, Juliana	So	Davis HS	2:32.90	2:23.12	1	6
4 Burrall, Julie	Fr	Elk Grove HS	2:31.35	2:32.50	1	4
5 Pagel, Lucy	Sr	Davis HS	2:41.09	2:41.17	1	2
6 Rodriguez, Megan	Jr	Elk Grove HS	2:44.23	2:45.92	1	1
7 Chew, Christina	Jr	Davis HS	2:49.77	2:51.37	1	
8 Camp, Christabelle	Jr	Franklin HS	2:52.40	2:56.95	2	
9 Millard, Emilie	Jr	Elk Grove HS	3:29.00	3:31.97	2	

Girls 1600 Meter Run Varsity

Name	Year	School	Seed	Finals	Points
1 Chetelat, Laurynne	Sr	Davis HS	4:53.37	5:09.64	10
2 Green, Juliana	So	Davis HS	5:20.47	5:10.48	8
3 Bowlus, Christine	So	Davis HS	5:27.10	5:22.38	6
4 Hall, Maddie	Jr	Davis HS	5:19.51	5:30.25	4
5 Norvell, Nora	Jr	Davis HS	5:33.79	5:33.94	2
6 ter Haar, Charlotte	So	Davis HS	5:36.33	5:34.55	1
7 Burrall, Julie	Fr	Elk Grove HS	5:41.30	5:37.44	
8 Pagel, Lucy	Sr	Davis HS	5:48.42	5:40.78	
9 Sherlock, Briana	Jr	Davis HS	6:14.80	5:57.91	
10 Parks, Sarah	Jr	Elk Grove HS	6:04.52	6:01.02	
11 Meese, Halea	Sr	Davis HS	5:56.60	6:02.47	
12 Chew, Christina	Jr	Davis HS	6:03.88	6:05.49	
13 Camp, Christabelle	Jr	Franklin HS	6:21.50	6:38.76	
14 Scribner, Bethany	Sr	Franklin HS	6:30.10	6:44.07	
15 Scott, Caitlin	Sr	Elk Grove HS	6:31.00	6:51.24	
16 Boyles, Kelly	Sr	Elk Grove HS	6:30.00	6:52.25	
... Girls 1600 Meter Run Varsity					
17 Millard, Emilie	Jr	Elk Grove HS	7:47.00	7:33.51	

Girls 3200 Meter Run Varsity

Name	Year	School	Seed	Finals	Points
1 Chetelat, Laurynne	Sr	Davis HS	10:15.17	11:32.42	10
2 Bowlus, Christine	So	Davis HS	11:26.30	11:40.05	8
3 Teaford, Hilary	So	Davis HS	11:34.04	11:41.81	6
4 Hall, Maddie	Jr	Davis HS	11:33.55	11:43.28	4
5 Weeks, Jonah	Sr	Davis HS	11:22.93	11:49.33	2
6 Norvell, Nora	Jr	Davis HS	12:03.04	12:12.97	1
7 ter Haar, Charlotte	So	Davis HS	12:27.25	12:24.48	
8 Diamond, Emily	Jr	Davis HS	12:44.40	12:47.72	
9 Meese, Halea	Sr	Davis HS	14:15.60	13:02.03	
10 Parks, Sarah	Jr	Elk Grove HS	12:48.69	13:43.58	

11 Scott, Caitlin Sr Elk Grove HS 14: 31. 30 15: 15. 51  
 12 Boyles, Kelly Sr Elk Grove HS 14: 11. 90 15: 23. 66  
 Girls 100 Meter Hurdles 33 " Varsity

Name	Year	School	Seed	Finals	Points
1 Devanbu, Josephine	So	Davis HS	15.98	16.28	10
2 Esperanza, Samantha	So	Elk Grove HS	16.53	16.83	8
3 Moreno, Mia	Sr	Elk Grove HS	16.37	16.96	6
4 Bisgaard-Church, Elliana	Jr	Davis HS	17.65	17.75	4
5 Ayala, Britney	Sr	Elk Grove HS	18.79	19.17	2
6 Ward, Melissa	Jr	Davis HS	19.94	19.46	1

Girls 300 Meter Hurdles 30" Varsity

Name	Year	School	Seed	Finals	Points
1 Moreno, Mia	Sr	Elk Grove HS	47.71	46.98	10
2 Esperanza, Samantha	So	Elk Grove HS	48.11	47.41	8
3 Bisgaard-Church, Elliana	Jr	Davis HS	47.73	47.69	6
4 Devanbu, Josephine	So	Davis HS	48.80	48.94	4
5 Sherlock, Briana	Jr	Davis HS	52.84	52.28	2
6 Hopmans, Tanja	Jr	Davis HS	52.72	54.78	1
7 Ward, Melissa	Jr	Davis HS	54.60	56.51	
8 Ayala, Britney	Sr	Elk Grove HS	1: 01. 24	1: 01. 01	

Girls 4x100 Meter Relay Varsity

School	Seed	Finals	Points
1 Elk Grove HS	50.64	49.97	10
1) Bruce, Mariah So			
3) Moreno, Mia Sr			
2 John F. Kennedy High School		50.78	8
1) McKenzie, Marsha' Jr			
3) Miller, Rhaven So			
3 Davis Senior High School	52.58	51.05	6
... Girls 4x100 Meter Relay Varsity			
1) Bisgaard-Church, Elliana Jr			
3) Zavala, Melinda Jr			
4 Franklin HS		51.30	4
1) Rodgers, Kasey Sr			
3) Williams, Dominique So			
5 Laguna Creek HS	53.54	52.67	2
1) Watts, Camille Jr			
3) Bowman, Joyce Sr			
6 Valley HS		53.12	1
1) Alston, Angelique Jr			
3) Hall, Christiana Sr			
Girls 4x400 Meter Relay Varsity			
2) McKee, Kaitlyn Jr			
4) Muccular, Marcesha Sr			

School	Seed	Finals	Points
1 Davis Senior High School	4: 05. 30	4: 06. 29	10
1) Bisgaard-Church, Elliana Jr			
3) Schoen, Lara Jr			
2 Laguna Creek HS	4: 11. 30	4: 09. 74	8
1) Watts, Camille Jr			
3) Hughes, Candace Jr			
3 Elk Grove HS	4: 32. 10	4: 17. 67	6
1) Moreno, Mia Sr			
3) Younge, Ayana Sr			
4 John F. Kennedy High School		4: 19. 83	4
1) Ozobiani, Lorie Sr			
3) Miller, Rhaven So			
5 Valley HS		4: 27. 36	2

- 1) Alston, Angelique Jr  
 2) Hall, Christiana Sr  
 3) Muccular, Markayla Fr  
 4) Muccular, Marcesha Sr

## Girls High Jump Varsity

Name	Year	School	Seed	Finals	Points
1 Robards, Natali	So	Elk Grove HS	4-08.00	5-00.00	10
2 Clancy, Kaitlin	So	Davis HS	5-01.00	4-08.00	8
3 Gholson, Evan	Jr	Franklin HS		4-06.00	6
4 Ding, Stephanie	Jr	Davis HS	4-04.00	4-06.00	4
5 Cornelius, Kynndal	Sr	Franklin HS	4-07.00	4-04.00	1.50
5 Westbrooks, Ashley	So	Franklin HS		4-04.00	1.50
7 Tucker, Kelsy	Jr	Elk Grove HS	4-00.00	4-02.00	
8 Ebrahimi, Ana	Sr	Davis HS	4-08.00	4-02.00	
8 Williams, Dominique	So	Franklin HS	4-00.00	4-02.00	

## Girls Pole Vault Varsity

Name	Year	School	Seed	Finals	Points
1 Maxwell, Danielle	Sr	Davis HS	8-00.00	8-00.00	10
2 Schickel, Anna	Jr	Davis HS	8-06.00	8-00.00	8
3 Karban, Claire	Jr	Davis HS	8-00.00	7-06.00	6
4 Wagoner, Alex	Sr	Elk Grove HS	8-06.00	7-06.00	4
... Girls Pole Vault Varsity					
5 de-Terra, Lauren	So	Davis HS	7-06.00	7-06.00	2
6 Quijada, Paulina	So	Davis HS	7-00.00	6-06.00	1

## Girls Long Jump Varsity

Name	Year	School	Seed	Finals	Points
1 Clancy, Kaitlin	So	Davis HS	16-04.25	15-09.50	10
2 Strack, Jenna	So	Davis HS	16-06.75	15-04.50	8
3 Cornelius, Kynndal	Sr	Franklin HS	14-01.00	15-03.00	6
4 Wandscheer, Pia	Jr	Davis HS	16-10.50	15-00.00	4
5 Washington, Deandra	Sr	Kennedy	14-08.00	14-04.00	2
6 Hopmans, Tanja	Jr	Davis HS	15-02.75	14-00.00	1
7 Rodriguez, Megan	Jr	Elk Grove HS	13-03.25	14-00.00	
8 Ward, Melissa	Jr	Davis HS	13-11.00	13-09.50	
9 Westbrooks, Ashley	So	Franklin HS		13-06.00	
10 Pham, Elizabeth	Sr	Kennedy	12-02.00	13-00.75	
11 Tucker, Kelsy	Jr	Elk Grove HS	13-06.25	12-10.00	
12 Lee, Christina	Sr	Kennedy	11-09.00	12-09.75	
13 Shahmir, Shiva	Jr	Davis HS	12-08.50	12-08.00	
14 Ebrahimi, Ana	Sr	Davis HS	12-06.50	12-07.00	

## Girls Triple Jump Varsity

Name	Year	School	Seed	Finals	Points
1 Clancy, Kaitlin	So	Davis HS	32-06.00	35-00.00	10
2 Harvey, Connie	Sr	Davis HS	33-09.50	33-10.75	8
3 Washington, Deandra	Sr	Kennedy	32-08.00	33-06.25	6
4 Wandscheer, Pia	Jr	Davis HS	32-09.00	33-02.00	4
5 Strack, Jenna	So	Davis HS	33-11.00	32-04.00	2
6 Ding, Karen	Sr	Davis HS	31-01.50	32-00.50	1
7 Ebrahimi, Ana	Sr	Davis HS	28-06.50	29-08.00	
8 Ding, Stephanie	Jr	Davis HS	27-02.50	29-02.75	
9 Pham, Elizabeth	Sr	Kennedy	24-07.00	27-03.00	
10 Shahmir, Shiva	Jr	Davis HS	26-05.00	26-09.50	
11 Lee, Christina	Sr	Kennedy	23-01.00	25-05.00	

## Girls Shot Put Varsity

Name	Year	School	Seed	Finals	Points
1 Machado, Jessi	So	Kennedy	30-11.50	30-01.50	10

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2	Gordon, Courtney	So	Elk Grove HS	30-07.50	30-00.50	8
3	Adams, Sarah	Fr	Franklin HS	30-04.00	30-00.00	6
4	Vice, Cassandra	Sr	Elk Grove HS	26-03.00	29-04.00	4
5	Dumas, Allison	So	Davis HS	30-04.50	29-03.00	2
6	Ballard, Jasmine	So	Franklin HS	28-11.00	29-00.00	1
7	Su, Maggie	Fr	Franklin HS	24-05.75	24-03.00	
8	Ferragamo, Brooke	So	Davis HS	25-07.00	24-02.50	
9	Ng, Kim	Sr	Kennedy	20-03.00	20-01.50	

Girls Discus Throw Varsity

Name	Year	School	Seed	Finals	Points	
1	Dumas, Allison	So	Davis HS	94-06.50	104-06.25	10
2	Ferragamo, Brooke	So	Davis HS	99-08	102-10	8
3	Machado, Jessi	So	Kennedy	84-02	93-08.50	6
4	Gordon, Courtney	So	Elk Grove HS	76-02	86-07	4
5	Adams, Sarah	Fr	Franklin HS	77-10	83-05.50	2
6	Ng, Kim	Sr	Kennedy	86-11	82-02.75	1
7	Vice, Cassandra	Sr	Elk Grove HS	76-05.50	77-03	
8	Ballard, Jasmine	So	Franklin HS	71-05.50	72-03	
9	Su, Maggie	Fr	Franklin HS	73-07	70-01.75	

Girls 100 Meter Dash Frosh/soph

Name	Year	School	Seed	Finals	H#	Points
1	Smiley, Taylor	Fr	Laguna Creek HS	14.14	13.52	2 10
2	Whitlock, Christy	So	Laguna Creek HS	14.04	13.62	1 8
3	Stallings, Giovanna	So	Kennedy	13.87	13.68	1 6
4	Rodriguez, Christie	So	Kennedy	13.44	13.69	1 4
5	Fauntleroy, Kamayla	So	Laguna Creek HS	14.14	13.82	2 2
6	Holtz, Lauren	Fr	Davis HS	14.02	13.90	1 1
7	Lai, Sherry	Fr	Kennedy	14.03	13.91	1
8	Clancy, Jill	Fr	Davis HS	14.05	14.18	1
9	Tholmer, Zakiya	Fr	Kennedy	13.84	14.50	1
10	Barr, Emily	Fr	Davis HS	14.74	14.62	2
11	Farrell, Emily	So	Davis HS	15.74	15.20	2
12	Cervin, Tamalyn	Fr	Kennedy	15.56	15.33	2
13	Jan, Sania	Fr	Davis HS	15.94	16.28	2

Girls 200 Meter Dash Frosh/soph

Name	Year	School	Seed	Finals	H#	Points
1	Hendricks, Alyssa	So	Davis HS	27.92	27.82	1 10
2	Smiley, Taylor	Fr	Laguna Creek HS	29.04	28.51	1 8
3	Whitlock, Christy	So	Laguna Creek HS	28.94	28.58	1 6
4	Lai, Sherry	Fr	Kennedy	29.41	28.61	1 4
5	Holtz, Lauren	Fr	Davis HS	28.63	28.89	1 2
6	Rodriguez, Christie	So	Kennedy	28.26	29.28	1 1
7	Clancy, Jill	Fr	Davis HS	29.59	29.50	1
8	Tholmer, Zakiya	Fr	Kennedy	29.11	30.35	1
9	Daniels, Sondra	Fr	Kennedy	27.94	30.36	1
10	Mellon, Chris	Fr	Davis HS	32.43	31.53	2
11	Farrell, Emily	So	Davis HS	33.74	32.21	2
12	Winters, Quiana	Fr	Franklin HS		32.42	2

Girls 400 Meter Dash Frosh/soph

Name	Year	School	Seed	Finals	Points	
1	Hendricks, Alyssa	So	Davis HS	1:04.14	1:04.01	10
2	Natalia, White	Fr	Laguna Creek HS	1:05.44	1:05.34	8
3	Castillo, Aileen	So	Franklin HS	1:18.24	1:13.64	6

Girls 800 Meter Run Frosh/soph

Name	Year	School	Seed	Finals	Points
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1	Rainer, Halley	Fr	Davis HS	2: 40. 40	2: 39. 58	10
2	Randall, Dana	So	Davis HS	2: 33. 73	2: 40. 27	8
3	Farman, Jenny	So	Davis HS	2: 46. 66	2: 44. 16	6
4	DePietro, Juliana	So	Davis HS	2: 41. 51	2: 44. 32	4
5	Grubb, Michaela	Fr	Elk Grove HS	2: 51. 00	2: 52. 83	2
6	Huang, Joan	Fr	Davis HS	3: 07. 80	3: 06. 35	1
Girls 1600 Meter Run Frosh/soph						

Name	Year	School	Seed	Finals	Points	
1	Rainer, Halley	Fr	Davis HS	5: 54. 56	5: 55. 40	10
2	Randall, Dana	So	Davis HS	5: 52. 55	5: 56. 75	8
3	Grubb, Michaela	Fr	Elk Grove HS	5: 59. 71	6: 11. 05	6
4	Farman, Jenny	So	Davis HS	6: 39. 90	6: 20. 91	4
5	DePietro, Juliana	So	Davis HS	6: 35. 60	6: 21. 74	2
6	Willard, Breanna	So	Elk Grove HS	6: 27. 92	6: 24. 37	1
7	Zehnder, Morgan	So	Elk Grove HS	6: 27. 00	6: 25. 42	
8	Henry, Katherine	Fr	Elk Grove HS	6: 37. 00	6: 26. 82	
9	Huang, Joan	Fr	Davis HS	7: 05. 10	6: 39. 44	
Girls 3200 Meter Run Frosh/soph						

Name	Year	School	Seed	Finals	Points	
1	Rainer, Halley	Fr	Davis HS	14: 14. 90	13: 19. 09	10
2	Randall, Dana	So	Davis HS	13: 31. 78	13: 20. 80	8
3	Henry, Katherine	Fr	Elk Grove HS	14: 23. 63	14: 00. 00	6
4	Willard, Breanna	So	Elk Grove HS	14: 44. 00	14: 18. 28	4
5	Farman, Jenny	So	Davis HS	15: 30. 00	14: 49. 85	2
6	Davison, Paige	So	Elk Grove HS	15: 56. 00	16: 07. 32	1
Girls 100 Meter Hurdles 33 " Frosh/soph						

Name	Year	School	Seed	Finals	Points	
1	Mathew, Noelle	So	Elk Grove HS	18. 44	17. 90	10
2	Kang, Cassie	Fr	Davis HS	20. 04	19. 71	8
3	Wilson, Sarah	Fr	Franklin HS		19. 81	6
4	Tom, Sara	So	Elk Grove HS	20. 30	20. 13	4
5	Hester, Naomi	Fr	Davis HS	21. 44	20. 15	2
6	Cala, Cassie	Fr	Davis HS	20. 54	20. 26	1
7	Stallings, Giovanna	So	Kennedy	27. 54	20. 29	
Girls 300 Meter Hurdles 30" Frosh/soph						

Name	Year	School	Seed	Finals	Points	
1	Daniels, Sondra	Fr	Kennedy	52. 24	52. 32	10
2	Mathew, Noelle	So	Elk Grove HS	53. 84	52. 64	8
3	Fauntleroy, Kamayla	So	Laguna Creek HS	56. 14	52. 69	6
4	Hester, Naomi	Fr	Davis HS	56. 23	53. 21	4
... Girls 300 Meter Hurdles 30" Frosh/soph						
5	LaBelle, Jocelyn	Fr	Davis HS	56. 04	55. 72	2
6	Tom, Sara	So	Elk Grove HS	55. 84	56. 00	1
7	Wilson, Sarah	Fr	Franklin HS		57. 11	
8	Crowder, Chelsea	So	Franklin HS	58. 64	59. 21	
9	Cala, Cassie	Fr	Davis HS	57. 14	1: 00. 98	
Girls 4x100 Meter Relay Frosh/soph						

School	Seed	Finals	Points
1 Laguna Creek HS	53. 94	53. 12	10
1) Fauntleroy, Kamayla So			
3) Smiley, Taylor Fr			
2 John F. Kennedy High School		53. 59	8
1) Lai, Sherry Fr			
2) Natalia, White Fr			
4) Whitlock, Christy So			
2) Daniels, Sondra Fr			

3) Tholmer, Zakiya Fr	4) Rodriguez, Christie So		
3 Davis Senior High School	54.64	53.63	6
1) Barr, Emily Fr	2) Holtz, Lauren Fr		
3) Hendricks, Alyssa So	4) Clancy, Jill Fr		

Girls 4x400 Meter Relay Frosh/soph

School	Seed	Finals	Points
1 Davis Senior High School	4: 45. 00	4: 24. 68	10
1) Hendricks, Alyssa So	2) Holtz, Lauren Fr		
3) Hester, Naomi Fr	4) Clancy, Jill Fr		
2 Laguna Creek HS	4: 26. 30	4: 27. 15	8
1) Whitlock, Christy So	2) Smiley, Taylor Fr		
3) Natalia, White Fr	4) Fauntleroy, Kamayla So		
3 John F. Kennedy High School		4: 37. 06	6
1) Rodriguez, Christie So	2) Daniels, Sondra Fr		
3) Lai, Sherry Fr	4) Cervin, Tamalyn Fr		

Girls High Jump Frosh/soph

Name	Year	School	Seed	Finals	Points
1 Hendricks, Alyssa	So	Davis HS	4-08.00	4-10.00	10
2 Hester, Naomi	Fr	Davis HS	4-08.00	4-06.00	8
3 Kang, Cassie	Fr	Davis HS	4-04.00	4-04.00	6
4 Stallings, Giovanna	So	Kennedy	4-06.00	4-04.00	4

Girls Pole Vault Frosh/soph

Name	Year	School	Seed	Finals	Points
1 Mohtes-Chan, Leah	Fr	Davis HS	7-06.00	7-00.00	10
2 Nelson, Maren	Fr	Elk Grove HS	6-06.00	6-06.00	8
3 Hashimoto, Erika	Fr	Davis HS	5-05.00	6-00.00	6

Girls Long Jump Frosh/soph

Name	Year	School	Seed	Finals	Points
1 Dedrick, Sapphire	Fr	Kennedy	13-10.00	14-10.00	10
2 LaBelle, Jocelyn	Fr	Davis HS	14-04.50	14-02.75	8
3 Mellon, Chris	Fr	Davis HS	12-10.00	13-07.00	6
4 Crowder, Chelsea	So	Franklin HS	13-11.00	13-04.00	4
5 Cervin, Tamalyn	Fr	Kennedy	13-09.00	12-09.00	2
6 Cala, Cassie	Fr	Davis HS	11-03.50	12-04.50	1
7 Sypkens, Monique	Fr	Franklin HS	12-11.00	11-11.00	
8 Hiller, Anna	So	Davis HS	12-07.00	11-07.00	
9 Superak, Nita	Fr	Davis HS	12-02.00	11-06.50	
10 Charles, Domnique	Fr	Kennedy	10-09.00	8-11.00	

Girls Triple Jump Frosh/soph

Name	Year	School	Seed	Finals	Points
1 Dedrick, Sapphire	Fr	Kennedy	30-03.00	32-00.00	10
2 LaBelle, Jocelyn	Fr	Davis HS	30-03.00	31-06.75	8
3 Mellon, Chris	Fr	Davis HS	30-01.00	29-04.50	6
4 Hiller, Anna	So	Davis HS	29-01.00	28-09.00	4
5 Superak, Nita	Fr	Davis HS	26-07.25	27-06.75	2
6 Cervin, Tamalyn	Fr	Kennedy	27-03.00	27-04.00	1
7 Charles, Domnique	Fr	Kennedy	23-04.00	23-02.75	

Girls Shot Put Frosh/soph

Name	Year	School	Seed	Finals	Points
1 Brooks, Rachel	Fr	Davis HS	26-11.00	28-04.25	10
2 Sens, Lauren	Fr	Elk Grove HS	26-10.00	28-00.75	8
3 Dedrick, Sapphire	Fr	Kennedy	28-06.00	26-05.00	6

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4 Greenough, Michelle	Fr	Davis HS	25-00.00	26-04.75	4
5 Ng, Eva	So	Kennedy	22-10.00	23-00.50	2
6 Charles, Dominique	Fr	Kennedy	23-04.00	22-04.75	1
7 McEheney, Rosemary	So	Elk Grove HS	25-00.00	21-06.00	
8 Sanchez, Leanne	Fr	Elk Grove HS	19-04.75	19-04.50	

Girls Discus Throw Frosh/soph

Name	Year	School	Seed	Finals	Points
1 Brooks, Rachel	Fr	Davis HS	83-00	89-02	10
2 Sens, Lauren	Fr	Elk Grove HS	89-00	80-11	8
3 Greenough, Michelle	Fr	Davis HS	73-06	71-03.25	6
4 McEheney, Rosemary	So	Elk Grove HS	73-06	68-04.50	4
5 Ng, Eva	So	Kennedy	59-04.50	62-11.50	2
6 Sanchez, Leanne	Fr	Elk Grove HS	62-05.50	52-02	1
7 Dedrick, Sapphire	Fr	Kennedy	54-00	47-11	
8 Charles, Dominique	Fr	Kennedy	51-02	42-00.25	

Boys 100 Meter Dash Varsity

Name	Year	School	Seed	Finals	H#	Points
1 Banks, Gavin	Sr	Franklin HS	10.74	10.90	1	10
2 Adams, Jeff	Jr	Laguna Creek HS	11.34	11.05	1	8
3 Dixon, Marquese	Jr	Valley HS	11.54	11.30	1	6
4 White, James	Jr	Kennedy	11.34	11.32	1	4
11.3104						
5 Frank, Kevin	Sr	Elk Grove HS	11.48	11.32	1	2
11.3154						
6 Murphy, Johnell	Sr	Franklin HS	11.23	11.37	1	1
7 Jones, Shedrick	Jr	Elk Grove HS	11.34	11.39	1	
8 Peterson, Cameron	Jr	Laguna Creek HS	11.64	11.47	1	
9 Batson, Diondre	So	Laguna Creek HS	11.74	11.56	1	
10 Chen, James	Jr	Kennedy	11.74	11.58	2	
11 Stephens, Derek	Sr	Valley HS	11.74	11.67	1	
12 Tkach, Andrew	Jr	Davis HS	11.75	11.73	2	
13 Acosta, Alex	Jr	Franklin HS	12.74	11.82	3	
14 Boughton, Jeremy	Jr	Laguna Creek HS	11.84	11.83	2	
15 Stenson, Eric	Sr	Davis HS	11.92	11.88	2	
16 Feliciano, Jesse	So	Elk Grove HS	12.16	11.94	2	
17 Jones, Robert	Jr	Laguna Creek HS	11.84	11.98	2	
18 Lubisch, Jake	Sr	Davis HS	12.14	12.13	2	
19 Powell, Brandon	Jr	Valley HS	12.04	12.20	2	
20 Blahut, Michael	Jr	Franklin HS	12.74	12.27	3	
21 Bell, Alex	Jr	Davis HS	12.44	12.46	3	
22 Endres, John	Jr	Davis HS	13.04	12.56	3	
23 Garcia, Nicholas	Jr	Elk Grove HS	12.74	13.25	3	
24 Gomez, Adrian	Jr	Davis HS	13.14	14.56	3	

Boys 200 Meter Dash Varsity

Name	Year	School	Seed	Finals	H#	Points
1 Banks, Gavin	Sr	Franklin HS	22.08	21.82	1	10
2 Adams, Jeff	Jr	Laguna Creek HS	22.53	22.31	1	8
3 Rideout, Michael	Sr	Valley HS	22.42	22.52	1	6
4 White, James	Jr	Kennedy	23.04	22.76	1	4
5 Peterson, Cameron	Jr	Laguna Creek HS	23.54	23.21	1	2
6 Roberson, Marlon	So	Laguna Creek HS	23.56	23.29	1	1
7 Acosta, Alex	Jr	Franklin HS	25.24	23.35	3	
8 Dixon, Marquese	Jr	Valley HS	23.14	23.51	1	
9 Chen, James	Jr	Kennedy	25.24	23.74	3	
10 Taylor, Camden	Sr	Franklin HS	23.43	23.79	1	
11 Murphy, Johnell	Sr	Franklin HS	23.24	23.85	1	
12 Jones, Shedrick	Jr	Elk Grove HS	23.44	23.91	1	
13 Feliciano, Jesse	So	Elk Grove HS	24.66	24.21	3	

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14 Boughton, Jeremy	Jr Laguna Creek HS	23.74	24.28	2
15 Jones, Chris	Jr Laguna Creek HS	23.84	24.77	2
16 Lubisch, Jake	Sr Davis HS	24.66	24.78	3
24.7736				
16 Sims, Elliott	Jr Valley HS	25.04	24.78	3
24.7786				
18 Phea, Manlanji	Jr Laguna Creek HS	25.64	25.12	4
19 Ramos, Frankie	Jr Laguna Creek HS	24.44	25.19	2
20 Jones, Robert	Jr Laguna Creek HS	24.44	25.22	2
21 Blahut, Michael	Jr Franklin HS	27.44	25.50	4
22 Garcia, Nichols	Jr Elk Grove HS	26.74	27.14	4
23 Moriel, Brad	Sr Davis HS	27.04	27.47	4

Boys 400 Meter Dash Varsity

Name	Year	School	Seed	Finals	H#	Points
1 Rideout, Michael	Sr	Valley HS	48.76	48.56	1	10
2 Tuttle, Corey	Jr	Davis HS	51.03	51.15	1	8
3 Roberson, Marlon	So	Laguna Creek HS	51.52	51.24	1	6
4 Nelson, Derek	So	Davis HS	51.90	51.52	1	4
5 Shaw, Christian	Jr	Franklin HS	53.49	52.09	1	2
6 Ramos, Frankie	Jr	Laguna Creek HS	53.94	53.15	2	1
7 Superak, Andrew	Jr	Davis HS	52.22	53.64	1	
8 Detrick, Nicholas	Jr	Elk Grove HS	54.87	53.81	2	
9 Jones, Chris	Jr	Laguna Creek HS	53.74	53.95	2	
10 Boughton, Jeremy	Jr	Laguna Creek HS	53.04	53.96	1	
11 Barber, Nick	Jr	Valley HS	53.14	53.99	1	
12 Adams, Jeff	Jr	Laguna Creek HS	51.14	54.15	1	
13 DiBiasio, Ryan	Sr	Davis HS	57.64	54.48	2	
14 Miles, Nate	Sr	Valley HS	55.14	54.92	2	
15 Tillman, Jordan	Jr	Kennedy	57.24	56.37	2	
16 Sims, Elliott	Jr	Valley HS	56.64	58.01	2	

Boys 800 Meter Run Varsity

Name	Year	School	Seed	Finals	H#	Points
1 Coates, Corey	So	Davis HS	1:59.26	2:01.73	1	10
2 Wilright, Demetri	So	Franklin HS	2:02.15	2:02.26	1	8
3 Metz, Willie	Sr	Kennedy	1:57.55	2:05.27	1	6
4 Fogleman, Stefan	Jr	Franklin HS	2:04.64	2:06.34	1	4
5 Hammond, Devin	Jr	Franklin HS	2:13.60	2:10.40	1	2
6 De La Mora, Brian	Fr	Davis HS	2:14.10	2:12.66	1	1
7 Tillman, Jordan	Jr	Kennedy	2:15.40	2:15.23	1	
8 Lozano, Alex	So	Laguna Creek HS	2:06.00	2:15.27	1	
9 McNally, Colin	Jr	Davis HS	2:18.74	2:18.40	2	
10 Overton, John	So	Valley HS		2:22.62	2	
11 Buddingh, Ben	Jr	Davis HS	2:26.01	2:24.27	2	
12 Ruthven, Brandon	Jr	Elk Grove HS	2:38.00	2:41.63	2	

Boys 1600 Meter Run Varsity

Name	Year	School	Seed	Finals	Points
1 Haworth, Chris	Jr	Kennedy	4:24.59	4:29.55	10
2 Coates, Corey	So	Davis HS	4:29.87	4:30.59	8
3 Fogleman, Stefan	Jr	Franklin HS	4:36.90	4:33.22	6
4 Edwards-Anderson, Kyle	Jr	Franklin HS	4:36.51	4:33.87	4
5 De La Mora, Brian	Fr	Davis HS	4:38.86	4:34.10	2
6 Patterson, Julian	So	Franklin HS	4:37.85	4:38.05	1
7 Grimble, Chriss	Fr	Kennedy	4:42.01	4:45.60	
8 Nacario, Adam	Sr	Laguna Creek HS	4:45.73	4:48.39	
9 Ostini, Joe	Jr	Elk Grove HS	4:54.00	4:51.16	
10 Metz, Willie	Sr	Kennedy	4:35.00	4:54.53	
11 Lozano, Alex	So	Laguna Creek HS	4:46.00	4:54.72	
12 Porter, Wesley	Jr	Franklin HS	5:08.20	5:06.17	

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13 Scott, Tyler	Sr Elk Grove HS	4: 46. 00	5: 07. 24
14 Barrows, Christian	So Valley HS	5: 08. 12	5: 09. 10
... Boys 1600 Meter Run Varsity			
15 Ruiz, Ivan	Fr Valley HS	5: 09. 04	5: 14. 80
16 McNally, Colin	Jr Davis HS	5: 25. 81	5: 15. 23
17 Buddingh, Ben	Jr Davis HS	5: 37. 20	5: 18. 13
18 Sullivan, Mike	Jr Davis HS	5: 36. 00	5: 20. 38
19 Butterfield, Richard	Sr Kennedy	5: 32. 50	5: 30. 40
Boys 3200 Meter Run Varsity			

Name	Year School	Seed	Finals	Points
1 Petersen, Matt	Jr Davis HS	9: 37. 79	9: 47. 63	10
2 Shaw, Dillon	So Davis HS	9: 44. 59	9: 49. 69	8
3 Durell, Kenny	Sr Davis HS	9: 48. 26	9: 52. 15	6
4 Haworth, Chris	Jr Kennedy	9: 37. 56	9: 54. 52	4
5 Petersen, Drew	Jr Davis HS	10: 03. 26	9: 54. 68	2
6 Edwards-Anderson, Kyle	Jr Franklin HS	10: 10. 10	10: 02. 42	1
7 Halsted, Trevor	Fr Davis HS	10: 06. 63	10: 19. 32	
8 Grimble, Chriss	Fr Kennedy	10: 22. 50	10: 39. 75	
9 Rains, Michael	Jr Kennedy	10: 08. 50	10: 44. 25	
10 Ostini, Joe	Jr Elk Grove HS	10: 52. 00	10: 50. 21	
11 Scott, Tyler	Sr Elk Grove HS	10: 21. 67	11: 05. 49	
12 Sullivan, Mike	Jr Davis HS	12: 17. 65	12: 21. 74	
Boys 110 Meter Hurdles 39 " Varsity				

Name	Year School	Seed	Finals	H#	Points
1 Broussard, Mike	Sr Elk Grove HS	15. 14	15. 13	1	10
2 Hoal, Nathan	Jr Davis HS	14. 84	15. 41	1	8
3 Christian, Steven	Sr Kennedy	16. 04	15. 96	1	6
4 Hardy, Arnold	Jr Franklin HS	16. 14	16. 09	1	4
5 Frommoethelyo, Taj	So Elk Grove HS	15. 56	16. 10	1	2
6 Provost, Evan	So Davis HS	16. 22	16. 75	1	1
7 Larue, Cody	Jr Davis HS	17. 04	16. 81	1	
8 Sens, Brett	Sr Elk Grove HS	17. 36	16. 90	2	
9 Motto, Andrew	Sr Elk Grove HS	16. 34	17. 08	1	
10 Ramirez, Justin	Jr Elk Grove HS	17. 94	17. 72	2	
11 Rau, Matt	Sr Franklin HS		17. 89	2	
12 Brown-Dawson, David	Jr Elk Grove HS	17. 94	18. 27	2	
13 Ma, Justin	Sr Davis HS	18. 64	18. 61	2	
Boys 300 Meter Hurdles 36" Varsity					

Name	Year School	Seed	Finals	H#	Points
1 Broussard, Mike	Sr Elk Grove HS	39. 64	39. 81	1	10
2 Motto, Andrew	Sr Elk Grove HS	41. 91	41. 89	1	8
3 Frommoethelyo, Taj	So Elk Grove HS	41. 91	41. 93	1	6
4 Batson, DiONDre	So Laguna Creek HS	40. 51	43. 23	1	4
5 Rau, Matt	Sr Franklin HS		43. 71	2	2
6 Nuyhn, Hi en	Jr Laguna Creek HS	44. 14	44. 31	1	1
7 Provost, Evan	So Davis HS	45. 04	44. 62	2	
8 Christian, Steven	Sr Kennedy	44. 04	44. 71	1	
9 Brown-Dawson, David	Jr Elk Grove HS	45. 54	44. 95	2	
... Boys 300 Meter Hurdles 36" Varsity					
10 Toney, Larry	So Franklin HS	44. 34	45. 23	1	
11 Ma, Justin	Sr Davis HS	45. 10	46. 03	2	
12 Hardy, Arnold	Jr Franklin HS	42. 34	46. 78	1	
13 Ramirez, Justin	Jr Elk Grove HS	47. 04	46. 83	2	
14 Larue, Cody	Jr Davis HS	45. 74	47. 33	2	
Boys 4x100 Meter Relay Varsity					

School	Seed	Finals	Points
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1 Franklin HS	44.34	42.74	10
1) Banks, Gavin Sr	2) Shaw, Christian Jr		
3) Rucker, Jory So	4) Taylor, Camden Sr		
2 Laguna Creek HS	43.54	43.57	8
1) Jones, Chris Jr	2) Batson, Di onDre So		
3) Adams, Jeff Jr	4) Peterson, Cameron Jr		
3 Valley HS	44.64	43.59	6
1) Barber, Nick Jr	2) Sims, Elliott Jr		
3) Dixon, Marquese Jr	4) Stephens, Derek Sr		
4 Elk Grove HS	44.34	43.73	4
1) Broussard, Mike Sr	2) Jones, Shedrick Jr		
3) Feliciano, Jesse So	4) Frank, Kevin Sr		
5 Davis Senior High School	45.41	44.44	2
1) Stenson, Eric Sr	2) Superak, Andrew Jr		
3) Tuttle, Corey Jr	4) Tkach, Andrew Jr		
6 John F. Kennedy High School		44.67	1
1) Christian, Steven Sr	2) White, James Jr		
3) Duran, Victor Jr	4) Chen, James Jr		

Boys 4x400 Meter Relay Varsity

School	Seed	Finals	Points
1 Laguna Creek HS	3: 33.80	3: 26.38	10
1) Jones, Chris Jr	2) Roberson, Marlon So		
3) Boughton, Jeremy Jr	4) Batson, Di onDre So		
2 Davis Senior High School	3: 29.00	3: 29.24	8
1) Hutson, Darian Sr	2) Coates, Corey So		
3) Tkach, Andrew Jr	4) Tuttle, Corey Jr		
3 John F. Kennedy High School		3: 35.39	6
1) Metz, Willie Sr	2) Tillman, Jordan Jr		
3) Duran, Victor Jr	4) White, James Jr		
4 Elk Grove HS	3: 40.70	3: 35.83	4
1) Detrick, Nicholas Jr	2) Jones, Shedrick Jr		
3) Broussard, Mike Sr	4) Sens, Brett Sr		
5 Valley HS		3: 35.99	2
1) Rideout, Michael Sr	2) Dixon, Marquese Jr		
3) Barber, Nick Jr	4) Miles, Nate Sr		
6 Franklin HS	3: 35.00	3: 38.20	1
1) Banks, Gavin Sr	2) Hammond, Devin Jr		
3) Shaw, Christian Jr	4) Wilright, Demetri So		

Boys High Jump Varsity

Name	Year School	Seed	Finals	Points
1 Taylor, Camden	Sr Franklin HS	6-02.00	6-04.00	10
2 Superak, Andrew	Jr Davis HS	5-10.00	5-10.00	8
3 Stenson, Eric	Sr Davis HS	5-10.00	5-10.00	6
4 Sens, Brett	Sr Elk Grove HS	5-10.00	5-08.00	4
5 Feliciano, David	Sr Elk Grove HS	5-04.00	5-04.00	2
-- Lowden, Aaron	Sr Elk Grove HS	5-06.00	NH	

Boys Pole Vault Varsity

Name	Year School	Seed	Finals	Points
1 Rau, Matt	Sr Franklin HS	11-06.00	12-00.00	10
2 Clemmer, Spencer	Sr Elk Grove HS	12-00.00	11-06.00	8
3 Bringas, Eric	Sr Franklin HS	10-00.00	10-06.00	6
4 Bell, Martin	Sr Davis HS	11-00.00	10-00.00	4
5 Reed, Stuart	So Elk Grove HS	10-06.00	10-00.00	2
6 Leitzell, Kiel	Jr Elk Grove HS	10-06.00	9-06.00	1
7 Tibbits, George	So Davis HS	9-06.00	9-00.00	
7 Kesling, Nathan	Jr Davis HS	11-00.00	9-00.00	

Boys Long Jump Varsity

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Name	Year	School	Seed	Finals	Points
1 Stenson, Eric	Sr	Davis HS	18-10.00	21-09.50	10
2 Rucker, Jory	So	Franklin HS	22-05.75	21-08.00	8
3 Roberson, Marlon	So	Laguna Creek HS	20-00.00	19-11.00	6
4 Cross, Timothy	Jr	Franklin HS	19-09.50	19-04.75	4
5 Bell, Alex	Jr	Davis HS	18-00.00	19-02.00	2
6 Covarrubias, Victor	Sr	Elk Grove HS	19-07.50	19-00.00	1
7 Lowden, Aaron	Sr	Elk Grove HS	19-04.00	18-08.00	
8 Phea, Manlanji	Jr	Laguna Creek HS	19-00.00	18-07.00	
9 Provost, Evan	So	Davis HS	18-00.50	17-09.50	
10 Brown, Josiah	Jr	Laguna Creek HS	17-09.00	16-10.50	
Boys Triple Jump Varsity					

Name	Year	School	Seed	Finals	Points
1 Cross, Timothy	Jr	Franklin HS	42-00.50	42-04.50	10
2 Bell, Alex	Jr	Davis HS	42-07.00	41-04.75	8
3 Christian, Steven	Sr	Kennedy	39-07.00	41-01.25	6
4 Covarrubias, Victor	Sr	Elk Grove HS	39-06.00	40-09.75	4
5 Phea, Manlanji	Jr	Laguna Creek HS	40-00.00	40-01.25	2
6 Provost, Evan	So	Davis HS	38-07.00	39-07.75	1
7 Lowden, Aaron	Sr	Elk Grove HS	39-02.00	39-02.75	
8 Adams, Jacob	Jr	Elk Grove HS	33-02.00	33-08.50	
Boys Shot Put Varsity					

Name	Year	School	Seed	Finals	Points
1 Lazaro, Ricky	Sr	Elk Grove HS	48-05.00	47-06.50	10
2 Mintzmeyer, Sam	Jr	Davis HS	46-02.50	44-10.00	8
3 Williams, Brandon	Sr	Franklin HS	46-07.00	42-07.00	6
4 Angell, Alex	So	Elk Grove HS	42-01.50	41-01.50	4
5 Maumau, Maika	Sr	Franklin HS	41-10.00	40-10.50	2
6 Adams, Justin	Jr	Franklin HS	40-03.00	40-10.00	1
7 Letuligasenoa, Lefeagal	So	Elk Grove HS	39-04.00	39-04.50	
8 Tabbs, Denario	Sr	Franklin HS	36-08.00	38-11.50	
9 Davis, Robert	Sr	Franklin HS	39-04.00	37-03.50	
10 Rivas, Diego	Jr	Davis HS	35-10.00	35-06.50	
11 Harp, TJ	Jr	Kennedy	35-03.00	35-06.00	
12 Pratab, Kyle	Sr	Davis HS	38-02.50	35-05.50	
13 Rehal, Richie	Jr	Davis HS	35-07.00	34-09.00	
14 Takeda, Alex	Jr	Laguna Creek HS	38-00.00	34-04.50	
Boys Discus Throw Varsity					

Name	Year	School	Seed	Finals	Points
1 Lazaro, Ricky	Sr	Elk Grove HS	152-01	145-02.75	10
2 Mintzmeyer, Sam	Jr	Davis HS	145-09	134-04.50	8
3 Letuligasenoa, Lefeagal	So	Elk Grove HS	125-03	124-05.50	6
4 Angell, Alex	So	Elk Grove HS	22-02.50	119-08.50	4
5 Pratab, Kyle	Sr	Davis HS	122-00	108-10.75	2
6 Tabbs, Denario	Sr	Franklin HS	117-10	107-10.75	1
7 Harp, TJ	Jr	Kennedy	91-04	107-04	
8 Maumau, Maika	Sr	Franklin HS	118-04	104-11.50	
9 Rehal, Richie	Jr	Davis HS	100-07	102-05	
10 Rivas, Diego	Jr	Davis HS	107-03	102-01.25	
11 Williams, Brandon	Sr	Franklin HS	17-04.25	101-06.50	
12 Adams, Justin	Jr	Franklin HS	112-02	100-00	
13 Takeda, Alex	Jr	Laguna Creek HS	110-00	95-08	
Boys 100 Meter Dash Frosh/soph					

Name	Year	School	Seed	Finals	H#	Points
1 Sanchez, Julian	So	Laguna Creek HS	12.34	11.73	1	10

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2	Hunt, Kenneth	So	Franklin HS		11.93	2	8
3	Golstin, Justin	So	Kennedy	11.94	12.07	1	6
4	Harris, Thomas	Fr	Franklin HS	12.34	12.16	1	4
5	Dominguez, Ruben	So	Kennedy	12.14	12.23	1	1.50
5	Middleton, Quincey	So	Laguna Creek HS	12.74	12.23	2	1.50
7	Njoku, Michael	Fr	Davis HS	12.54	12.25	1	
8	Sylvester, Corey	So	Laguna Creek HS	12.30	12.30	1	
9	Davis, Dennis	Fr	Franklin HS	12.64	12.58	1	
9	Villanueva, James	So	Davis HS	12.74	12.58	2	
11	Mcgee, Jacob	Fr	Elk Grove HS	12.55	12.80	1	
12	Lawton, Alexander	Fr	Elk Grove HS	13.41	13.26	2	
13	Alejo, Jaime	So	Davis HS	14.54	13.62	2	
14	Amin, Saatyaki	?	Davis HS	16.54	15.55	2	

Boys 200 Meter Dash Frosh/soph

Name	Year	School	Seed	Finals	H#	Points
1 Sanchez, Julian	So	Laguna Creek HS	23.54	23.86	1	10
2 Bush, Tommy	So	Elk Grove HS	24.97	24.57	1	8
3 Golstin, Justin	So	Kennedy	24.94	24.88	1	6
4 Sylvester, Corey	So	Laguna Creek HS	25.04	25.08	1	4
5 Davis, Dennis	Fr	Franklin HS	25.14	25.65	1	2
6 Robinson, Amani	So	Elk Grove HS	26.05	25.78	2	1
7 Mcgee, Jacob	Fr	Elk Grove HS	25.94	25.83	2	
8 Dominguez, Ruben	So	Kennedy	25.06	26.46	1	
9 Ross, Ray	So	Laguna Creek HS	26.44	26.56	2	
10 Flory, Gabe	So	Davis HS	26.24	27.40	2	

Boys 400 Meter Dash Frosh/soph

Name	Year	School	Seed	Finals	H#	Points
1 Hunter, Jerome	So	Laguna Creek HS	54.04	53.48	1	10
2 Stewart, Jawuan	Fr	Franklin HS	55.54	55.07	1	8
3 Tullis, Derek	Fr	Franklin HS	54.74	55.34	1	6
4 Ross, Ray	So	Laguna Creek HS	57.84	57.06	1	4
5 Kanda, Prince	Fr	Franklin HS	1:01.84	59.04	2	2
6 Yee, Jeremy	So	Franklin HS	1:01.24	59.47	2	1
7 Flory, Gabe	So	Davis HS	58.94	1:00.34	1	
8 Tompkins, Daniel	So	Elk Grove HS	1:04.54	1:02.36	2	
9 Jabr, Azan	Fr	Elk Grove HS	1:10.74	1:08.68	2	

Boys 800 Meter Run Frosh/soph

Name	Year	School	Seed	Finals	H#	Points
1 Soto, Bryan	So	Davis HS	2:08.91	2:06.83	1	10
2 Oparko, Chris	So	Elk Grove HS	2:09.57	2:09.55	1	8
3 Faye, Hans	So	Davis HS	2:13.37	2:12.05	1	6
4 Jensen, Kabir	Fr	Davis HS	2:14.75	2:13.25	1	4
5 French, Jared	So	Franklin HS	2:22.00	2:19.05	1	2
6 Naemeh, Hamidreza	Fr	Davis HS	2:25.20	2:21.57	2	1
7 Giddens, Micah	So	Franklin HS	2:33.00	2:23.08	3	
8 Kageyama, Daniel	So	Laguna Creek HS	2:27.00	2:24.26	2	
9 Tompkins, Daniel	So	Elk Grove HS	2:25.35	2:24.72	2	
10 Biers-Ariel, Yonah	Fr	Davis HS	2:24.50	2:25.21	2	
11 Medina, Ryan	So	Elk Grove HS	2:24.00	2:28.02	2	
12 Cimini, Daniel	So	Laguna Creek HS	2:27.00	2:29.92	2	
13 Mendez-Nunez, Nacho	So	Davis HS	2:37.20	2:31.28	3	
14 Higuera, Nicolas	Fr	Davis HS	2:27.18	2:32.84	2	
15 Pompei, Vincent	So	Elk Grove HS	2:18.69	2:34.27	1	
16 Jabr, Azan	Fr	Elk Grove HS	3:00.00	2:45.37	3	
17 Smith, Patrick	Fr	Davis HS	3:29.50	3:24.24	3	

Boys 1600 Meter Run Frosh/soph

Name	Year	School	Seed	Finals	Points
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1	Miller, Ryan	Fr	Franklin HS	4: 50.93	4: 47.28	10
... Boys 1600 Meter Run Frosh/soph						
2	Oparko, Chris	So	Elk Grove HS	4: 55.45	4: 49.69	8
3	Hough, Grayson	So	Davis HS	4: 55.51	4: 52.78	6
4	Faye, Hans	So	Davis HS	4: 56.43	4: 54.69	4
5	Morgan, Luke	So	Franklin HS	4: 52.23	4: 54.99	2
6	Hunter, Dard	So	Davis HS	4: 55.68	4: 56.04	1
7	Soto, Bryan	So	Davis HS	5: 03.00	4: 57.09	
8	Jensen, Kabir	Fr	Davis HS	5: 12.61	5: 03.67	
9	Gee, Tyler	Fr	Kennedy	5: 07.31	5: 11.30	
10	Giddens, Michah	So	Franklin HS	5: 22.00	5: 12.59	
11	Burgett, Daniel	So	Laguna Creek HS	5: 09.00	5: 13.16	
12	Pompei, Vincent	So	Elk Grove HS	5: 06.90	5: 17.62	
13	Higuera, Nicolas	Fr	Davis HS	5: 38.60	5: 18.64	
14	Medina, Ryan	So	Elk Grove HS	5: 18.00	5: 18.99	
15	Biers-Ariel, Yonah	Fr	Davis HS	5: 29.50	5: 19.24	
16	Jue, Jordan	Fr	Elk Grove HS	5: 32.18	5: 19.27	
17	Mendez-Nunez, Nacho	So	Davis HS	5: 25.20	5: 24.92	
18	Miller, Zach	So	Elk Grove HS	5: 36.40	5: 29.35	
19	Jorgensen, Greg	Fr	Davis HS	5: 53.50	5: 29.49	
20	Kageyama, Daniel	So	Laguna Creek HS	5: 50.00	5: 39.28	
21	Cimini, Daniel	So	Laguna Creek HS	5: 55.00	6: 07.33	
22	Le, Dan	Fr	Franklin HS	6: 34.00	6: 09.05	
Boys 3200 Meter Run Frosh/soph						

Name	Year	School	Seed	Finals	Points
1 Miller, Ryan	Fr	Franklin HS	10: 49.76	10: 29.90	10
2 Hough, Grayson	So	Davis HS	10: 23.52	10: 40.75	8
3 Hunter, Dard	So	Davis HS	11: 33.20	11: 16.18	6
4 Van Deynze, Braeden	Fr	Davis HS	11: 35.34	11: 28.46	4
5 Metz, Austin	Fr	Kennedy	11: 35.60	11: 30.73	2
6 Gee, Tyler	Fr	Kennedy	12: 03.00	11: 51.64	1
7 Jorgensen, Greg	Fr	Davis HS	12: 25.23	11: 54.95	
8 Miller, Zach	So	Elk Grove HS	13: 37.00	13: 09.88	
Boys 110 Meter Hurdles 36 " Frosh/soph					

Name	Year	School	Seed	Finals	Points
1 Edwards, Christopher	Fr	Elk Grove HS	17.44	17.37	10
2 Carriere, Mark	Fr	Davis HS	21.21	20.35	8
3 Kanda, Vinny	So	Franklin HS	22.64	21.94	6
Boys 300 Meter Hurdles 30" Frosh/soph					

Name	Year	School	Seed	Finals	Points
1 Edwards, Christopher	Fr	Elk Grove HS	44.84	44.26	10
2 Kryshtafovych, Stepan	So	Davis HS	46.74	46.33	8
3 Carriere, Mark	Fr	Davis HS	51.93	50.65	6
4 Kanda, Vinny	So	Franklin HS		52.59	4
Boys 4x100 Meter Relay Frosh/soph					

School	Seed	Finals	Points
1 Laguna Creek HS	44.14	45.82	10
1) Anthony, Andre Fr			
2) Sylvester, Corey So			
3) Middleton, Quincey So			
4) Sanchez, Julian So			
2 Franklin HS		47.00	8
1) Harris, Thomas Fr			
2) Stewart, Jawuan Fr			
3) Tullis, Derek Fr			
4) Hunt, Kenneth So			
3 Davis Senior High School	46.64	48.36	6
1) Flory, Gabe So			
2) Kryshtafovych, Stepan So			
3) Hill, Stephen Fr			
4) Rock, Ian Fr			

Boys 4x400 Meter Relay Frosh/soph

School	Seed	Finals	Points
1 Laguna Creek HS	3: 40. 00	3: 44. 04	10
1) Sanchez, Julian So	2) Hunter, Jerome So		
3) Anthony, Andre Fr	4) Sylvester, Corey So		
2 Davis Senior High School	3: 45. 00	3: 50. 55	8
1) Flory, Gabe So	2) Rock, Ian Fr		
3) Elmojahid, Sam Fr	4) Hill, Stephen Fr		
3 Franklin HS		3: 55. 06	6
1) Tullis, Derek Fr	2) Stewart, Jawuan Fr		
3) Yee, Jeremy So	4) Kanda, Prince Fr		

Boys High Jump Frosh/soph

Name	Year School	Seed	Finals	Points
1 Long, Zach	So Davis HS	6- 00. 00	5- 10. 00	10
2 Ames, Justin	So Laguna Creek HS	6- 00. 00	5- 10. 00	8
3 Oparko, Chris	So Elk Grove HS	5- 04. 00	5- 06. 00	6
4 Okomoto, Kento	Fr Davis HS	5- 02. 00	5- 00. 00	4
5 Njoku, Michael	Fr Davis HS	4- 10. 00	5- 00. 00	1
5 Kabir, Ryan	So Davis HS	4- 10. 00	5- 00. 00	1
5 Bechtold, Gus	So Davis HS	5- 02. 00	4- 10. 00	1

Boys Pole Vault Frosh/soph

Name	Year School	Seed	Finals	Points
1 Hill, Stephen	Fr Davis HS	11- 00. 00	10- 06. 00	9
1 Rock, Ian	Fr Davis HS	10- 06. 00	10- 06. 00	9
3 McCallister, Colin	Fr Elk Grove HS	10- 00. 00	8- 06. 00	6
4 Ahmed, Moby	Fr Davis HS	7- 00. 00	6- 06. 00	4
5 Robertson, Steven	Fr Elk Grove HS		6- 06. 00	2

Boys Long Jump Frosh/soph

Name	Year School	Seed	Finals	Points
1 Rock, Ian	Fr Davis HS	17- 10. 50	19- 01. 50	10
2 Middleton, Quincey	So Laguna Creek HS	15- 11. 25	17- 09. 00	8
... Boys Long Jump Frosh/soph				
3 Bush, Tommy	So Elk Grove HS	17- 00. 75	17- 08. 00	6
4 Yee, Jeremy	So Franklin HS	17- 11. 50	17- 04. 25	4
5 Melcher, Sterling	Fr Davis HS	18- 06. 00	17- 00. 75	2
6 Krysh tafovych, Stepan	So Davis HS	18- 08. 75	16- 11. 00	1
7 Hill, Stephen	Fr Davis HS	17- 11. 50	16- 10. 00	
8 Njoku, Michael	Fr Davis HS	16- 09. 00	16- 09. 00	
9 Robinson, Amani	So Elk Grove HS	17- 05. 00	16- 03. 75	
10 Kabir, Ryan	So Davis HS	15- 09. 00	15- 11. 00	

Boys Triple Jump Frosh/soph

Name	Year School	Seed	Finals	Points
1 Rock, Ian	Fr Davis HS	35- 07. 00	41- 07. 75	10
2 Bush, Tommy	So Elk Grove HS	39- 07. 00	38- 09. 00	8
3 Melcher, Sterling	Fr Davis HS	38- 03. 50	36- 10. 25	6
4 Dominguez, Ruben	So Kennedy	35- 07. 00	35- 08. 25	4

Boys Shot Put Frosh/soph

Name	Year School	Seed	Finals	Points
1 Poort, Marco	So Davis HS	43- 11. 00	43- 08. 00	10
2 Hayashida, Bryan	Fr Elk Grove HS	41- 01. 00	42- 09. 50	8
3 Ames, Justin	So Laguna Creek HS	42- 08. 00	40- 08. 00	6
4 Brunson, Chase	So Davis HS	39- 02. 00	39- 09. 00	4

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5	Avila, Nick	So	Kennedy	39-02.50	37-03.50	2
6	Nguyen, Bryan	So	Laguna Creek HS	38-00.00	36-02.00	1
7	Avalos, Pedro	Fr	Elk Grove HS	30-02.50	34-03.25	
8	Brase, Keith	Fr	Laguna Creek HS	35-08.00	33-03.00	
9	Swain, Steven	Fr	Elk Grove HS	29-06.00	32-00.00	
10	Haynes, Zachary	Fr	Elk Grove HS	30-07.00	30-01.00	
11	Reggad, Abdelhadi	So	Davis HS	28-11.00	29-05.50	
12	Edmiston, Brian	Fr	Elk Grove HS	25-06.00	29-03.25	
13	Robles, Ruben	Fr	Laguna Creek HS	23-02.00	27-07.00	
14	Kouchesfahani, Poya	Fr	Davis HS	14-10.00	14-11.50	

Boys Discus Throw Frosh/soph

Name	Year	School	Seed	Finals	Points
1 Ames, Justin	So	Laguna Creek HS	120-04	119-00	10
2 Hayashida, Bryan	Fr	Elk Grove HS	116-00	118-00	8
3 Brunson, Chase	So	Davis HS	111-01	109-00	6
4 Nguyen, Bryan	So	Laguna Creek HS	110-00	98-04.50	4
5 Avila, Nick	So	Kennedy	94-03	93-10.50	2
6 Haynes, Zachary	Fr	Elk Grove HS	95-00	89-01.75	1
7 Edmiston, Brian	Fr	Elk Grove HS	66-06.50	84-05.50	
8 Avalos, Pedro	Fr	Elk Grove HS	78-11	79-10.75	
9 Swain, Steven	Fr	Elk Grove HS	76-04	79-08	
10 Brase, Keith	Fr	Laguna Creek HS	100-00	75-06.50	
11 Reggad, Abdelhadi	So	Davis HS	69-08	70-04.75	
12 Robles, Ruben	Fr	Laguna Creek HS	62-07	67-10.50	
13 Kouchesfahani, Poya	Fr	Davis HS	68-04	50-01	